David R. Hawkins

**Editor's Note:** When attempting to find information on David R. Hawkins, a professor and researcher who had previously created such interesting works as "Power versus Force" and "The Highest Level of Enlightenment" I was astonished to find the data removed. Upon further research I found reference to David R. Hawkins on the site below, with the following explanation: **IF YOU VISIT WIKIPEDIA** and look up Dr. David Hawkins, the American psychiatrist who has over the last decade been putting out a lot of scientific-sounding New Age / New Consciousness philosophy in a series of books, magazines and lectures, you will be surprised to see that his entry in that online encyclopedia is almost blank. [It was once a substantial entry, a mirror of which you can see at search.com. It then disappeared altogether when a Wiki editor caved in to revisionist pressure and deleted the whole thing, only to return a year or two later with just a few lines when Wiki admin no doubt realized that blatant censorship was probably not good PR for them — link.] This is in stark contrast to the same entry just a couple of months earlier, an entry which was substantial due to Hawkins' controversial nature. As someone who naively believes in free speech, I could not understand how a Wikipedia entry could just disappear. [Alarmingly, the whitewashing continues — Hawkins' entire entry on Answers.com has since also been deleted.] **Source** From Wikipedia, the free encyclopedia

David Ramon Hawkins, M.D. (born June 3, 1927) is an American psychiatrist, mystic, author and controversial spiritual teacher in Sedona, Arizona. He is best known for his book *Power vs. Force*, in which he writes that applied kinesiology can distinguish the truth or falsity of any statement. He directs the non-profit Institute for Advanced Spiritual Research Inc. and operates Veritas Publishing to publish his books and seminars. A typical rural Wisconsin farm.
Born in Milwaukee on June 3, 1927, David Ramon Hawkins is the son of Ramon Nelson and Alice-Mary (McCutcheon) Hawkins. He grew up in rural Wisconsin. He served in the U.S. Navy from 1945-1946 during World War II aboard a Minesweeper between June and August before Japan surrendered. After the war, he earned a Bachelor of Science in pre-med from Marquette University (1950) and received a medical degree (M.D) from the Medical College of Wisconsin (1953). While training to become a psychiatrist, Hawkins underwent five years of his own Freudian psychoanalysis in New York before taking up his profession in 1956. This would eventually lead to his receiving an American Psychiatric Association 50-Year Distinguished Life Fellows honor (May, 2004).

He was medical director of North Nassau Mental Health Center in Manhasset, New York from 1956-1980; director of research at Brunswick Hospital on Long Island, New York 1968-1979; and president of the Academy of Orthomolecular Psychiatry in New York City 1970-1980. Later in his life, Hawkins was the chief of staff at Mingus Mountain Estate Residential Center Inc. in Prescott Valley, Arizona in 1995. Orthomolecular Psychiatry: Treatment of Schizophrenia was co-edited by David Hawkins and Linus Pauling, June 1973. The book Orthomolecular Psychiatry: Treatment of Schizophrenia, which Hawkins co-edited with Nobel-prizewinner Linus Pauling (June 1973), was influential in its time, and has the distinction of apparently being the first psychiatric text to consider the healing effect of nutritional supplementation (vitamins) on patients suffering from mental illness (schizophrenia).

Hawkins was one of the few psychiatrists to treat both schizophrenic and alcoholic patients with niacin (vitamin B3), and his psychiatric practice in New York grew to have fifty therapists and other employees, 2,000 out-patients, a suite of twenty-five offices and laboratories, and 1,000 new patients each year. He lectured widely with appearances at universities such as University of Notre Dame, University of Michigan, University of California Medical School at San Francisco delivering one of the annual Landsberg lectures (1997), the Forum of Oxford University (2003), and others; and to religious groups from Westminster Abbey (1971) to Catholic, Protestant, and Buddhist monasteries. According to Hawkins, he consulted for several years with unnamed foreign governments on international diplomacy to support resolving long-standing major conflicts. Radio and TV shows including The MacNeil/Lehrer News Hour, Barbara Walters and The Today Show interviewed him as a guest. Hawkins has made Sedona, Arizona his home since 1979. He married Margaret Hawkins, with whom he had one step-daughter named Kathleen.
(deceased). Due to his spiritual conversion in January 1965 and the course of subsequent life changes they divorced. In 1979 Hawkins gave up his large psychiatric practice for a seven-year-period of a frugal life in Arizona as a hermit. After twelve years of spiritual study and meditation, partially earning his living as a truck driving “dung baron,” he relearned worldly manners again to become an “ordinary man.” Susan Humphrey, later his second wife with whom he has one daughter named Sarah, entered his life in 1991, being the one who strongly insisted that he would publish his findings on spirituality. After reading Thomas Paine’s *The Age of Reason* as a teenager Hawkins became a “passionate atheist.” Soon after beginning professional life as a psychiatrist, he began to suffer from “a progressive, fatal illness that did not respond to any treatments”. Generally not naming the illness, Hawkins has stated however that he was an alcoholic. He recounts that, on the brink of death in 1965, his ego surrendered, while he called out to God, upon which he experienced enlightenment. This extraordinary transition, which he deems as the realization of “the most innate quality of consciousness as nonlinear subjectivity and its capacity for awareness;” did alter his life completely. After a period of nine months of adaptation, relearning language and relating, Hawkins resumed his clinical psychiatry practice in New York. Attending a lecture of psychiatrist John Diamond on the topic of applied kinesiology (AK) in 1968, he saw that practitioners had previously overlooked AK’s nonlocal potential for calibrating individual and sociological behavior and stages of consciousness. This began his spiritual consciousness research using applied kinesiological testing as a measuring tool beginning in the early 1970s. Derived from his doctoral dissertation, *Muscle Strength and Emotionally Charged Stimuli* (later re-titled as, *Qualitative and Quantitative Analysis and Calibrations of the Levels of Human Consciousness*), on his AK-based study stated to have been carried out with more than 4,800 subjects, in June 1995 Hawkins published *Power vs. Force*. This book, which includes the so-called "Map of Consciousness," a kind of step model, earned public endorsements from Wayne W. Dyer and, according to Hawkins, Lee Iacocca, Mother Teresa, Sam Walton, and the Brain/Mind Bulletin. To publish his books Hawkins started Veritas Publishing (1995), based in Sedona, Arizona. ("Veritas" means "truth" in Latin.) The Institute for Spiritual Research Inc. (formerly called as The Institute for Advanced Theoretical Research) was founded in 1983 by Hawkins as a non-profit institute, wherein he carries out AK muscle tests primarily on his wife, Susan Hawkins, the results of which he publishes in his books and reports in his seminars. *Power vs. Force* was published by Hawkins in 1995. Hawkins states that he has reached a highly advanced state of awareness. Until 1995 he had remained publicly silent about his stated extraordinary spiritual states, such as: his first memory, a sudden awareness of existence and its corrolary of nonexistence, at the age of three; his near death experience at the age of twelve one winter as a paperboy; sensing the “excruciating immensity of the suffering of mankind” at sixteen; his enlightenment at thirty-eight years of age, which he believes terminated his personhood; his unity experience in 1977 in Rothmann’s Steakhouse & Grill on Long Island. Viewing himself as a seeker and researcher of truth all of his life, he was left unsatisfied by the array of information in the volumes of the Great Books of the Western World. Calling himself a “misfit,” he gravitated toward unconventional methods privately as well as professionally. Raised a scrupulous High Episcopalian, Hawkins studied theology at age nineteen while attending the Jesuit Marquette University, earning “straight A’s.” Having been a fierce atheist/agnostic from age sixteen to thirty-eight, who underwent a stated major transformation, Hawkins focused the second half of his life on the so-called “Science of Consciousness/Truth,” therein researching the “Reality of Divinity” and the “Map of
Consciousness."[23] Similar to the temptations of Buddha by demons[24] and Jesus by Lucifer, Hawkins shares an incident where he was nonverbally offered the power to control worlds, which he states he turned down.[25] He further states that he has suffered extreme lasting despair, i.e., Hell or Dark Night of the Soul (loc –50), which seemingly continued for an eternity." Agony of this kind, he says, is accurately depicted by Hieronymus Bosch’s paintings and Dante’s Inferno. While in the crisis of being an alcoholic atheist who felt he was about to die, Hawkins surrendered and the grace of God, he teaches, brought his despair to an end. Especially in his hermit period he existed on hardly any food (“a sixpack of Pepsi and a bar of cheese in the fridge”), which he considers as one of the temporary siddhi states in consciousness evolution, many of which he states he had surrendered in his evolutionary process. Nowadays, he has to be reminded to eat regularly, though he has returned to consuming meat also. Hawkins points out that he has undergone several unspecified surgeries without accepting anesthesia, saying that he consciously rode on “the crest of the wave” of pain. On one occasion it failed though, leaving him with massive pain which he relates to a karmic debt that he became aware of in the midst of a hernia surgery.[26] Hawkins states among others to have been a pirate, a galley slave, a Crusader, and a Hinayana Buddhist monk in past lives. Sunset over the red rocks of Sedona, where Hawkins offers seminars on spirituality. In his works Hawkins approaches the study and practice of spirituality by means of his personal experience and his clinical and academic background. The stated objectives of Hawkins’ research and teaching are to facilitate metaphysical understanding and to confirm the reality of spiritual truth focusing on various aspects of consciousness and on the road to enlightenment. Hawkins states that his teachings alone are sufficient to take one all the way to Self-realization, and that AK confirms this.[27] He writes about the idea of a new branch in human evolution called “Homo spiritus”[28][29]; the limited scope of causality[30]; the illusion of time; general teachings on varied topics including spiritual intention, surrender, and miracles; the concepts of nonlinearity[31]; void vs. allness; subjectivity vs. objectivity; content vs. context; out-of-body experiences vs. near-death experiences; astral vs. etheric levels; reincarnation, karma, and attractor fields. Hawkins asserts that God is both immanent and transcendent. Theologically, he is aligned with nondualism and Advaita philosophy. Nondualism, a highly expansive and inclusive concept of God including all which is of form and not, may be viewed as the belief that dualism or dichotomy (e.g. self/other, mind/body, male/female, good/evil, active/passive) are illusory phenomena; it may also be viewed as a practice, namely self-inquiry as set forth by Ramana Maharshi. His spiritual teaching focuses on “Devotional Nonduality,”[32] a form of transcendental monism, which has its origins in his research for Power vs. Force and was further developed afterwards. He says that the concept of “Devotional Nonduality” resonates with many religions (such as Hinduism) that hold the concept that “all is One.” Other concepts stated by Hawkins to be analogous to his description of nonduality are Logos (in the religious sense) and Tao, which are also argued to be congruent with modern quantum physics and the concept of nonlocality as expressed by Bell’s Theorem. He sees nonduality as a potential bridge between natural science, philosophy and cognition, similar to the merging of physics and metaphysics envisioned by Fritjof Capra in The Tao of Physics, the concepts embraced by quantum physicist David Bohm, particularly the one of holomovement, as well as the hypotheses of theoretical nuclear physicist Amit Goswami. Hawkins’ description of nonduality is also related to that of a number of modern writers and philosophers, including Ken Wilber and G. Spencer Brown as presented in his book Laws of Form. Hawkins strongly encourages kindness to all forms of life, humor, forgiveness, humility, compassion, prayer and contemplation.
He deems alignment and erudite familiarity with the existing religious scriptures measured by him to be especially true (that is, “high calibrating”—e.g., the New Testament except the Book of Revelation, the original teachings of Jesus Christ, Buddha, Krishna, and others) as a means of raising one’s spiritual consciousness in the process and incorporating some of the most evolved known levels of truth. Both seeking and encouraging personal alignment with the Highest good, Hawkins repeatedly points out that “all are One in God,” thereby supporting the Christian concept of “the Kingdom of God is within you.” Discussing how to transcend attraction and aversion alike, and the ego position which he deems as being the main obstacle to spiritual awakening in human beings, Hawkins often asserts that the human mind alone cannot discern truth from falsity and invariably will turn to other sources (ideologies, authorities, habits, ego, etc.) to determine what to believe as true; to solve this perceived problem, he offers applied kinesiology as a “science of Truth.” He discourages cult-like followings of any sort, cautioning his students to question all sources of knowledge (primarily via AK testing), to “judge them by their fruits,” and to ask for inner guidance by the Holy Spirit. Having closely worked with spirituality-based self-help methods and groups, as a practicing student and later also as a teacher, and being collegially acquainted with some of their initiators, Hawkins advocates the following due to their stated healing results: A Course in Miracles, Alcoholics Anonymous (named the “language of the heart” by its co-founder Bill W.),[33] and the other Twelve-Step programs, Attitudinal healing originated by Gerald G. Jampolsky, and the Release Technique/Sedona Method of Lester Levenson.[34] By means of writing forewords he has favored Thought Field Therapy,[35] Ilchi Lee,[36] and Lou Fournier Marzeles. Sharing many of the beliefs of the New Thought movement,[37] in 2003 he was formally affiliated with its largest church, the Unity Church, and its ministerial education arm, Unity School of Christianity. Conversely, his research has led him to not recommend New Age concepts (e.g., channelling, divination, fortune-telling, full moon gatherings, and Wicca) which are sometimes confused by its critics and associated media with New Thought.[38] Hawkins is best known for his 1995 book, Power Vs Force: The Hidden Determinants of Human Behavior, wherein he presented the findings of twenty years of studying using the methodology applied kinesiology (AK)[39] as the main tool to establish his research project of the “science of truth,” which has been running since the 1970’s. As a versed AK practitioner he asserts that the human body (i.e., deltoid muscle resistance) can be used to calibrate the degrees of the respective truth or “level of consciousness” (loc) of individuals, animals, movies, music, government policies, scientific theories, societies, countries, etc. As a kind of nonlinear reality detector, available to testers and the testees whose overall spiritual awareness level meets the AK-tested standard of verifiable integrity (loc 200 plus), AK will work, Hawkins teaches, given that the requested statement also meets the basic level 200 upwards on the scale of consciousness. This requirement is presently roughly met by 20% of humankind according to Hawkins. A decade later, he refined the acceptable criteria for AK testing more precisely by stating that consistently reliable results can best be achieved by experienced testers ranging at a much more sophisticated level of reason (loc mid 400 plus), having passed the stages of mentation.[40] “When I first encountered [applied] kinesiology, I was instantly amazed at
the potential I saw. It was the 'wormhole' between two universes — the physical world, and the world of the mind and spirit — an interface between dimensions. In a world full of sleepers lost from their Source, here was a tool to recover, and demonstrate for all to see, that lost connection with the higher reality. [41]

This muscle testing method he calls “calibration” is based on the frame of his own developed “map of consciousness“ (MoC), a logarithmic scale. The MoC comprises consciousness degrees from level 1 (simplest life forms) to level 1000 (avatars in the flesh), being maximally in line with truth/love/What Is/God. God and/or the “universal database“ is referenced as the Absolute, rating at an infinite level of consciousness, Archangels at 50,000, while death ranges at 0 and the lower stages of hell are in the "off scale" arena. Having measured the teachings of various teachers, institutions, and religions, as well as his own work, he calibrates the third book of his trilogy[42] the highest, at a level of consciousness 999.8, which is 0.2 apart from the calibration values of Jesus Christ, Buddha and Krishna ranking at 1000, the highest “level of consciousness“ possible for a human being in Hawkins' scale. Hawkins' calibrations on various themes can be found in his
books *Power vs. Force*, *The Eye of the I*, and *I: Reality & Subjectivity*, and mostly in *Truth vs. Falsehood*. After having discovered Hawkins' AK calibration method, the controversial Australian proponent of pranic nourishment, also known as inedia or breathairianism, and internationally active esoteric author and teacher Jasmuheen started to apply it for study purposes with the support of larger seminar groups in several European countries in 2004. Mainstream scientists and scientific skeptics, notably professor of philosophy and author of *The Skeptic's Dictionary*, Robert Todd Carroll, state that AK's results are triggered by ideomotor effect and recognize Hawkins' use of applied kinesiology to be a pseudoscience when scrutinized with the scientific method. This is evidenced by double-blind studies, including some that found AK to be "no more useful than random guessing," as well as additional research and reviews contained in the National Library of Medicine and National Institutes of Health.

Since the publication of *Power vs. Force* in 1995, wherein Hawkins deemed AK as a "well-established science" (Introduction, p. 29) being capable of universal replication, he now refers to it as a right brain exploration, which is neither arithmetic, nor even mathematical, and is not open to reason, logic or proof. According to Hawkins, AK-tested results are derived from a field of multi-millions interacting factors; some known, some unknown. Although Hawkins reports to have carried out large-scale scientific testing of his version of AK methodology mostly with the audiences at his seminars that showed a high degree of accuracy, his perspective is controversial. Hawkins' AK research has not been published in peer-reviewed journals, a criterion to make authors meet the standards of science and minimize bias, nor did he provide double-blind studies of his own to eliminate observer-expectancy effect; whereas, one study, which was not double-blind, appears to support some aspects of his hypothesis. Scientific skeptics point out that Hawkins' teachings beg the question, and that he turns to the fallacy of ad hominem and creates ad hoc hypotheses in order to rescue his method from falsification. Hawkins' version of AK (rated by him with AK testing at 605 or nonlinearity) does not provide provable empirically precise statements or outlooks, thereby eluding verification and scientific method and fails to meet the criteria for a science (rated by him with AK testing at 400 to max. 499 or linearity, this being an example of circular reasoning). James Randi of the James Randi Educational Foundation has publicly challenged Hawkins to win Randi's One Million Dollar Paranormal Challenge prize with Hawkins' "arm-pressing technique," suggesting it would only take thirty minutes of easy work, but believing that Hawkins would not even attempt to apply for the challenge for "obvious" reasons. Eric Pierotti, the current president of the International College of Applied Kinesiology since 1999, states that it "could not be further from the truth" that Hawkins' methodology is even applied kinesiology. Psychiatrist John Diamond, who originated Behavioral Kinesiology (BK) with the approval of the founder of applied kinesiology, George Goodheart, did not train Hawkins and never gave approval to use his name in Hawkins' book. Hawkins only attended one of Diamond's seminars. Diamond believes Hawkins has had no training in AK, and if that is the case he should not be using AK. As a "serious researcher," Diamond uses neither AK or BK as a "truth detector." Admitted to the program on March 21, 1991, Hawkins received his Ph.D. in Health and Human Services on September 30, 1995 from Columbia Pacific University (CPU). CPU was never accredited but it was at that time still approved to operate by the State of California. CPU's approval was revoked in December 1995 after a period of review and response following CPU's application in 1994; pending appeals, CPU was authorized to issue degrees through June 25, 1997. California's Deputy Attorney General Asher Rubin called CPU "a diploma mill" as well as "a consumer fraud, a complete scam" and a "phony operation" which offered "totally worthless
The Associated Press reported that the state had been trying to shut down the correspondence school almost from the day it opened, saying CPU "had virtually no academic standards." Neither in his books nor on his website does Hawkins disclose the source of his Ph.D. Stating to be reinstalled into worldliness as an "ordinary man" after a decade of seclusion, Hawkins explains his engagement for an additional title was due to the "credibility problem in society". Two "Dr. Dr.s" would grant "greater fire power to the truth" of what he has to say. Hawkins’ CPU faculty mentor was Sheldon Deal, a chiropractor who was a former chairman (1978 to 1983) of the International College of Applied Kinesiology (ICAK). Chiropractic researchers who reviewed the studies that came out of ICAK concluded that "no valid conclusions could be drawn concerning their report of findings." The use of orthomolecular psychiatry in the treatment of schizophrenia and other mental illnesses by using large amounts of vitamins, known as megavitamin therapy, is not recognized by mainstream medical experts and is criticized for being ineffective and potentially toxic. However, two longer studies in which Hawkins was involved within the period 1963-1983 and after have shown that therapy with neuroleptica and megavitamin dosages on more than 61,000 patients prevented tardive dyskinesia to less than 0.05%. Hawkins states that he has been knighted by a "Danish Order" called "The Sovereign Order of the Hospitaliers of St. John of Jerusalem," however, the current Deputy Private Secretary to Her Majesty the Queen of Denmark, Bjarne E. Pedersen, states to the contrary that the order referenced by Hawkins is not of Danish origin. The New England Institute of Religious Research, a non-profit organization founded in 1991 and headed by executive director and cult expert Rev. Robert T. Pardon, has applied Harvard Medical School psychiatrist Robert J. Lifton's cult and mind control criteria outlined in his book Thought Reform and the Psychology of Totalism to Hawkins. Psychiatrist and cult expert Peter A. Olsson, author of the book Malignant Pied Pipers of Our Time: A Psychological Study of Destructive Cult Leaders from Rev. Jim Jones to Osama bin Laden, believes his former colleague Hawkins "has apparently taken a grandiose road less traveled, and...may have morphed into a malignant pied piper." The International Cultic Studies Association has included two articles by Robert Todd Carroll regarding Hawkins and applied kinesiology in its electronic library. Andrew Paterson of EnergyGrid Alternative Media in London, Shawn Nevins of SpiritualTeachers.org in the United States, and Sarlo of Sarlo's Guru Rating Service in Canada rate Hawkins negatively. In his book Your Immortal Reality, the controversial author Gary Renard writes that one of his ascribed Ascended Masters named Arten refers to Hawkins' AK system as constituting a "hidden ego hook" by focusing readers on illusion rather than forgiveness, and that enlightenment has no levels. Renard's heavily self promoted bestseller The Disappearance of the Universe, originally published by Fearless Books, 2003, and by Hay House since 2004, a highly discussed explanatory guide for A Course in Miracles (LoC 550-600), was calibrated by Hawkins at LoC 250, when questioned about this subject in a public seminar in Sedona, July 2005. The bestselling author and motivational speaker Wayne W. Dyer is one of Hawkins' outspoken promoters, as noted in his presentation on PBS titled The Power of Intention. David Riklan, a self-improvement author, rates Hawkins among the 101 best spiritual teachers, along with controversial public figures such as L. Ron Hubbard and Werner Erhard. Emphasizing the imminent importance of evaluating the truth rate of spiritual teachings and teachers, Hawkins engages himself in AK measuring the consciousness level of deceased as well as contemporary spiritual teachers; 55% of which he finds as verifiable teachers. In 1996 he demonstrated that Lester Levenson, Sathya Sai Baba, and Bhagwan...
Shree Rajneesh range among the “fallen teachers.” Erhard and Hubbard were also among those who Hawkins stated did not meet the required level for guru status. Hawkins replies to most of his critics by calibrating their levels of consciousness, which he finds to be below the level of truth/integrity (200). He further states that he has no personal bias in the performance of those or any other calibrations. He considers the criticisms of him to be generally irrelevant. Rather than addressing critics' concerns, he states that many of them did not care to personally study his materials prior to publishing, and are skeptics or atheists, which does not qualify to genuinely and constructively discuss spiritual teachings. Regarding skepticism, Hawkins refers to a recent article titled "A State of Belief Is a State of Being" by Charles Eisenstein, Penn State University, presented in the controversial Journal of Scientific Exploration in 2005. The article discusses the experimenter effect in parapsychology, and argues that Scepticism is a belief system in itself. David Hawkins is phobic of scorpions.

- Hawkins grows and smokes his own tobacco. Based on applied kinesiological testing, he deems the organic tobacco to be positive for him and commercially produced cigarettes to be detrimental due to pesticides included since 1957.

- Shaving and changing a slightly torn shirt he considers to be a waste of time.

- In Arizona, Hawkins discovered that he is “a true scorpiophobe”, i.e., a person who has a phobia of scorpions, stating that “the best place for scorpions is encased in plastic paperweights”.

- In Power vs. Force, Hawkins notes the film The Big Blue and the music of Arvo Pärt as examples of high level works.

- Hawkins finds George Lamsa’s controversial translation of the Bible, known as the Lamsa Bible, to be the most truthful.

- In 2005, Hawkins stated that Condoleezza Rice is probably the most brilliant person in Washington, D.C., and that he would vote for her for President of the United States.

- Hawkins considers television host Bill O'Reilly of the Fox News Channel to be a "bellwether of integrity."

"Gloria in Excelsis Deo!"

On basics

"We change the world not by what we say or do, but as a consequence of what we have become. Thus, every spiritual aspirant serves the world." The Eye of the I, p. 69

On the ego/false God

"From the viewpoint of the evolution of consciousness, atheism results from the refusal or inability to let go of the illusion that the narcissistic core of the ego is sovereign and is the source of one's life and existence." Truth vs. Falsehood, p. 356
On teaching/teachers

- "The true [spiritual] teachers can be seen to have no interest in fame or in having followers, prestige or trappings [...] The teachings and not the teacher are what is important. Inasmuch as the teachings do not come from the personage of the teacher at all, it does not make sense to idolize or worship the personage. The information is transmitted as a gift because it was received as such." The Eye of the I, p. 37

On his enlightenment experience

- "There was this miraculous change. [...] it is so far reaching and [...] so far beyond ordinary human experience. [...] Now everything is transformed. [...] And there is absolutely nothing you can say about it. [...] Whatever had been my individual self was struck dumb with awe. It was awesome beyond all meaning of the word to be the witness of the presence of that which is in its naked expression as all existence. [...] Although the mind has stopped one is at one with all that is known. There is, in the instant, the experience with those attributes of God described as omniscience, omnipresence, and omnipotence. The power is infinite. The knowingness is also infinite. All things are known. It doesn't mean that all things are denoted by the intellect, because one would have to have an interest in such things. It is like in the presence of omniscience that all things are knowable, therefore one doesn't bother knowing about the specific." [95]

On advanced states of consciousness

- "[...] there is a certain point in one's evolution of consciousness where one becomes Nature. [...] the body or the ego, it is just one of the creations of nature. So on one level, I am all that is Nature, I am that which is Life." Dialogues on Consciousness and Spirituality, p. 33 [96]

Further sources are: [97] [98]

- Hawkins, David R. (January 2006). Transcending the Levels of Consciousness: The


- Pringle, Kevin (February 16, 2006). Ex-radio moderator and Yahoo group moderator on Hawkins' teaching, ACIM Talk at Miracles Center [111]


1. ^ Biographical data of Hawkins' life provided by Consciousness Project [1]
2. ^ APA Official Actions (Annual Meetings) [2]
4. ^ 2006 Orthomolecular Medicine Hall of Fame by orthomolecular.org [4]
5. ^ David Hawkins Dialogues on Consciousness and Spirituality [5]
8. ^ Webradio interview Beyond the Ordinary, October 14, 2003, min 49:00 [8]
9. ^ interview Beyond th Ordinary, July 13, 2004 [9]
11. ^ David R. Hawkins, I: Subjectivity and Relativity, p. 267
Tony Cecala, Ph.D., holisticnetworker.com [10]

13. ^ Der Körper lügt nicht. (i.e. The Body doesn't lie) Introduction by John Diamond referring to D. Hawkins, provided by German website DeutschesFachbuch.de [11]


15. ^ Veritas Publishing [13]


17. ^ Quote of David R. Hawkins: “The Presence suddenly intensified until every thing and person, which had appeared separate in ordinary perception, melted into a timeless universality and oneness. In the motionless Silence, I saw that there are no 'events' or 'things' and that nothing actually 'happens', because past, present, and future are merely an artefact of perception, as is the illusion of a separate 'I' subject to birth and death. As the limited, false self dissolved into the universal Self of its true origin, there was an ineffable sense of having returned home, a state of absolute peace and relief from all suffering. For it is only the illusion of individuality that is the origin of all suffering; when one realizes that one is the universe, complete and at one with all that is, forever without end, then no further suffering is possible.” in Power vs. Force, p. 297


19. ^ Advanced States of Consciousness: The Realization of the Presence of God by David R. Hawkins, DVD 1 of 2

20. ^ Quote by David R. Hawkins: “Compared to the light of Divinity which had illuminated all existence, the god of traditional religion shone dully indeed; thus spirituality replaced religion.” in: The Eye of the I, p. 336


22. ^ Victoria Benda's homepage on Reality of Divinity, David Quote by David R. Hawkins in I: Reality of Subjectivity, Chapter 10: “The absolute truth of these statements about the Reality of Divinity was publicly corroborated on July 13, 2002, before an audience of over two hundred people during a public lecture. The audience divided into one hundred kinesiologic teams. The truth of each statement was then tested by the whole audience simultaneously. The confirmation of each statement was one hundred percent (calibrated level 1,000), and the procedure was videotaped. The purpose was to present credible documentation of Truth in today's world.” [14]


24. ^ Webradio interview Beyond the Ordinary, December 09, 2003, min 4:26 [16]

25. ^ Quotes of David R. Hawkins: “On one occasion there was no worldly presence, but on the consciousness level, there was an encounter with a more rarified luciferic presence that promised great power if one went into agreement with it. When this was refused it retreated. This occurred at what might be analogously referred to as a high altitude fail/pass test.” […] “It was also obvious that not every entity that had reached this pass/fail test had refused the temptation. In itself the temptation was craftily presented nonverbally as an understanding that 'now that you realize that you are beyond all
karma, you are free, without any consequence to reign with great power because there are no consequences for your actions, and no longer are you subject to consequences." in *I: Subjectivity and Reality*, Chapter 15 »Karma«, p. 257 and 259

26. ^ D. Hawkins quote: "If you are living on the crest of the wave, you can have surgery without anesthesia. I've done it more than once. […] If you begin to anticipate […] and resist the pain, it is just excruciating. […] The minute you let go resisting it and surrender it and become one with it you're no longer experiencing it and the pain stops." part 3 of 6, min 26:55: As a warrior during the Crusades he showed “moral cowardice” by denying the finishing stroke to an enemy, who he had pierced right through the groin. part 4 of 6, min 22:38 in: *How To Instantly Tell Truth From Falsehood About Anything* Audio lecture provided by IONS shiftinaction.com [17]

27. ^ Webradio interview Beyond the Ordinary, December 09, 2003, appx. 52:00 min [18]


29. ^ D. Hawkins quote: "The appearance in humanity of the realization of God as the The ultimate Reality, and source of Existence and Creation marked the beginning of the emergence of a new, evolutionary branch of mankind called Homo Spiritus...the awakened man who has bridged the evolutionary leap from physical to spiritual, from form to nonform, and from linear to nonlinear. The awakened man realizes that it is consciousness itself that constitutes the core of the evolutionary tree in all its seemingly stratified and evermore complex expressions as the evolution of life." *Homo Spiritus* website [20]

30. ^ Quote by David R. Hawkins: “In reality, everything occurs of its own, with no exterior cause. Every thing and every event is a manifestation of the totality of All That Is, just as it is at any given moment. Once seen in its totality, everything is perfect at all times and nothing needs an external cause to change it in any way. From the viewpoint of the ego’s positionality and limited scope, the world seems to need endless fixing and correction. This illusion collapses as a vanity." in: *The Eye of the I*, p. 107

31. ^ David R. Hawkins quote: “All knowledge rests upon and arises out of an epistemological matrix that of itself forms the very context of comprehension. The context of epistemology is in turn the nonlinear qualities of consciousness. Thus, all information systems require a comprehension of the nature of consciousness to reach their full understanding." in *I: Subjectivity and Reality*, p. ?

32. ^ Entries Tagged with "Dr. David Hawkins" myswizard.com [21]


34. ^ D. Hawkins quote: "I had several physical ailments, including *migraine* headaches, *diverticulitis*, *gout*, and severe *hypoglycemia*, and the week after taking the course was scheduled for surgery. But within a few days after beginning to release, the surgical condition disappeared and never re-appeared. My other physical problems cleared up. I believe these good effects are due to the stress reduction brought about by using the Technique." [23][24][25] The quote may also be found on page 148 of Lester Levenson's autobiography: *No Attachments, No Aversions*, Pub: 2003 by Lawrence Crane Enterprises, ISBN: 097117551-9 Dr. David Hawkins, known as the Father of Orthomolecular Psychiatry, who published a textbook on the subject with Nobel prize winner, Linus Pauling, conducted scientific studies on the Release® Technique states:
"The Releasing® Technique is more effective than the other approaches currently available to relieving the physiologic responses to stress. In my researches of all the various stress reduction and consciousness programs, the Release® Technique stood out far and beyond the rest for its sheer simplicity, efficiency, absence of questionable concepts and rapidity of observable results. Its simplicity is deceptive and almost disguises the real power of the technique." Larry Crane, THE ABUNDANCE BOOK, CHAPTER ONE: THE RELEASE TECHNIQUE And its profound effects on every aspect of life [26]

35. ^ D. Hawkins quote: "I am pleased to recommend this work [Thought Field Therapy: Clinical Applications Integrating TFT in Psychotherapy by Suzanne M. Connolly]. Ms. Connolly is a first rate seasoned integrous counselor with many years of experience in the various modalities of therapy. She offers clinically the best of the new as well as the tried and true." [27]

36. ^ D. Hawkins quote: "This [Brain Respiration by Ilchi Lee] is indeed an important and praiseworthy book for it helps us get close to the truth and actual experience of our own reality as the Self which transcends all of time, which always was, always will be, before and after all worlds or universe." [28]

37. ^ Quote by David R. Hawkins on New Thought religions: The liberal New Thought religions emphasize tolerance, acceptance, forgiveness, and compassion towards self and others as well as toward other religions. in Truth vs. Falsehood, p. ?

38. ^ 'New Ageism' is listed in a table titled »Marginal Spiritual/Religious Belief Systems (Ideology)« as calibrating at '185,' which is below the minimum level of integrity (200). David R. Hawkins, Truth vs. Falsehood, p. 359

39. ^ TRUTH VERSUS FALSEHOOD provided by Livestar.com [29]

40. ^ Quote by David R. Hawkins: “The higher the levels of consciousness of the test team, the more accurate are the results. The best results are obtained if both team members are in the mid 400’s, which represent clarity, awareness of context, and precision of definition, as well as integrity, self honesty and awareness.” in: Truth vs. Falsehood, Appendix C, p. 413


42. ^ On the Trilogy of Book 1, 2 and 3; Susanne Spitzer interviews D. Hawkins, Open Exchange, 2004 [31]

43. ^ Partial Index of I: Reality & Subjectivity provided by Consciousness Project [32]

44. ^ The Happy Healer Webradio Show in Achieve Radio, hosted by Alex Hermosillo, November 21, 2005, 2nd part of the transmission [33]

45. ^ Jasmuheen in: Personal Calibration and Testing methods for safely fulfilling the freedom agenda, Australia, January 2005 [34]

46. ^ Applied Kinesiology by Robert Todd Carroll; The Skeptic’s Dictionary [35]


49. ^ Muscle testing response to provocative vertebral challenge and spinal manipulation: a randomized controlled trial of construct validity. By Haas M, Peterson D, Hoyer D, Ross
50. Double-blind study on materials testing with applied kinesiology. By Staehle HJ, Koch MJ, Pioch T.; PubMed (National Library of Medicine and the National Institutes of Health) [38]

51. Unproven techniques in allergy diagnosis. By Wuthrich B., University of Zurich, Zurich, Switzerland.; PubMed (National Library of Medicine and the National Institutes of Health) [40]

52. Applied Kinesiology' in medicine and dentistry--a critical review. By Tschernitschek H, Fink M.; PubMed (National Library of Medicine and the National Institutes of Health) [41]

53. Unproved diagnostic and therapeutic approaches to food allergy and intolerance. By Teuber SS, Porch-Curren C.; PubMed (National Library of Medicine and the National Institutes of Health) [42]


55. Naturopathy, Pseudoscience, and Medicine: Myths and Fallacies vs Truth by Kimball C. Atwood, IV, MD.; Medscape General Medicine, PubMed Central [44]


57. Entry on Applied Kinesiology referring to D. Hawkins provided by The Skeptic's Dictionary [46]

58. "I'm trying to get over 200. It isn't easy…!...Hawkins should certainly be able to use his arm-pressing technique to win our million-dollar prize! 30 minutes of easy work will get him the prize, easily…! But will he apply? No, of course not. Why? The answer is obvious." James Randi, James Randi Educational Foundation. Quoted at New England Institute of Religious Research "Quotes of Experts Regarding Hawkins and 'AK'" [47]

59. PAST CHAIRMEN OF I.C.A.K. Eric Pierotti, DC – 1999 to Present [48]

60. "It is unfortunate that Hawkins repeatedly uses the term applied kinesiology to describe his methodology because this could not be further from the truth. He uses a single muscle test which in itself, forms the fundamental basis of AK but is but one of very many aspects of AK procedure, practice and training. His assertion that what he does is AK is akin to suggesting that lancing boils is total medical practice. This type of testing is not part of any "approved AK material" which can only be taught by our certified teaching diplomats to aspiring applied kinesiologist who must hold licensure to diagnose before embarking on a rigorous 100 hour postgraduate course. Certainly the use of the muscle test has gained greater acceptance and is widely used by people from all walks of life from laypeople to specialist medical doctors in determining functional problems, but in strict adherence to the rules and guidelines of the limitations of the test itself." Eric Pierotti, President, International College of Applied Kinesiology. Quoted at New England Institute of Religious Research "Quotes of Experts Regarding Hawkins and 'AK'" [49]

61. "David Hawkins attended one seminar of my husband's way back in the mid 1970's and that is it. He has never studied with Dr. Diamond, nor asked approval to use pictures or his name in his book. Nothing has been paid or even a book sent. There has been no contact whatsoever from Dr. Hawkins. We only know of the book because someone showed it to us. In the very early days, Dr. Diamond, with the Founder of
Applied Kinesiology, Dr. George Goodheart's approval, started Behavioral Kinesiology which looked more at the mental side which Dr. Goodheart said Dr. Diamond should add as he was a psychiatrist and trained in AK. At that time, no one even really knew what AK was let alone BK. As time progressed, Dr. Diamond stopped using the term BK and has put in his newer editions a warning that one should be properly trained by the International College of Applied Kinesiology of which Dr. Diamond is a Diplomate. As far as we know, Hawkins has had no training in Applied Kinesiology which is a very intensive course of about 360 hours or so. If that is the case, then he should not be using muscle testing which he calls Applied Kinesiology. Also, Dr. Diamond is a serious researcher. He does not use AK or BK as a truth detector. The wonderful tool of AK can be a fabulous diagnostic tool for many things as long as it is respected and learned properly." Susan Diamond. Quoted at New England Institute of Religious Research "Quotes of Experts Regarding Hawkins and 'AK" [50]

62. ^ Article: "World Renowned Psychiatrist and Author David R. Hawkins, MD, Ph.D."; Website by Columbia Pacific University alumni; (2005) [51]
63. ^ Bureau for Private Postsecondary and Vocational Education, Timeline of Events: Columbia Pacific University [52]
64. ^ Paul Neimann Chileno doctor in trouble over 'phony' university Point Reyes Light -- December 24, 1997 [53]
65. ^ Gregory Foley Chileno man's 'diploma mill' ordered shut Point Reyes Light - December 30, 1999 [54]
68. ^ International College of Applied Kinesiology: Sheldon Deal D.C Chairman 1978 to 1983 [56]
70. ^ Vaughan K, McConaghy M. Megavitamin and dietary treatment in schizophrenia: A randomised, controlled trial. Australia New Zealand Journal of Psychiatry 33:84-88, 1999. available online
74. ^ Quote by D. Hawkins: “Among 61,000 patients protected by high dosage vitamin therapy, only 37, rather than predicted nearly 20,000, developed the disorder.” in: Power Vs. Force. The Hidden Determinants of Human Behavior p. 213, Hay House,

75. Biographic Summary [59]

76. "The Sovereign Order of the Hospitaliers of St. John of Jerusalem is not a Danish Order and I cannot give you any information of it." Bjarne E. Pedersen, Deputy Private Secretary to Her Majesty the Queen of Denmark. Quoted at New England Institute of Religious Research "Quotes of Experts Regarding Hawkins and 'AK" [60]

77. New England Institute of Religious Research *Profile: David R. Hawkins* [61]

78. "...Dr. Hawkins has apparently taken a grandiose road less traveled, and it sounds like a sad direction indeed. Hawkins may have morphed into a malignant pied piper. Physicians, psychiatrists and psychoanalysts are as I am sure you know, not immune from mental illness and perturbations of character in all its forms and varieties. When a physician wanders from a healthy sense of humility and the safe-guards of rigorous collegial scientific dialogue, ethical violations, unprofessional conduct, and sad events can occur. If patients, their families, and the guru's followers get hurt, an unfortunate unintended consequence of a free society can be seen." Peter A. Olsson. Quoted at New England Institute of Religious Research "Quotes of Experts Regarding Hawkins and 'AK" [62]

79. International Cultic Studies Association (ICSA) e-Library Articles (7091).
Group/Topic:Hawkins (David R. Hawkins), Alternative Medicine. *Quackery of the Minute* [63]

80. International Cultic Studies Association (ICSA) e-Library Articles (7092). *applied kinesiology* [64]


82. *Rankings of Spiritual Teachers and Groups* Hawkins entry provided by SpiritualTeachers.org [66]

83. Sarlo's Guru Rating Service "Fringe" page; "suspect"/1 out of 3 rating. [67]

84. Sarlo's Guru Rating Service "The Masters and Wannabes, listed by rating" [68]


86. *The Top 101 Experts* selfgrowth.com [69]


89. D. Hawkins, Sedona seminar *Spiritual Community*, Video/DVD, part 3 of 3, table still included, spoken comments omitted (June 2003)

90. Critics: Clarification of Consciousness Research [70]

91. Charles Eisenstein,"A State of Belief Is a State of Being." Volume 19, Number 3 (Fall 2005) [71]

92. *Goodbye, Scorpion; Farewell, Black Widow Spider: How to Avoid the Stings and Bites of the Southwest's Dangerous Arachnids - And What to Do If You Don't*. By David R. Hawkins (Author) [72]

93. D. Hawkins on Alex Hermosillo's »The Happy Healer« Webradio Show, min 46:00 [73]

94. *Truth Vs. Falsehood*

95. D. Hawkins in *Advanced States of Consciousness: The Realization of the Presence of God* Volume III, Tape 1 of 2 issued by the *Institute for Advanced Spiritual*
Research (2002)

96. ^ D. Hawkins interviewed by Yun Kyung Huh, *Dialogues on Consciousness and Spirituality*, p. 33 (transcription of Video/DVD interview dd September 1996) [74]

97. ^ Quotes of David R. Hawkins provided by Best Spirituality.com [75]

98. ^ Quotes by Dr. David R. Hawkins, Consciousness Project [76]

99. ^ 2006 Orthomolecular Medicine Hall of Fame by orthomolecular.org [77]

100. ^ Afflicted by Forces Unseen? excerpted of »Power vs. Force« [78]

101. ^ Excerpt »Power vs. Force«, Magazine »In Light Times«, August 2004 [79]

102. ^ Power vs. Force, Kathryn M. Brinkley interviews D. Hawkins, »In Light Times«, November 2004 [80]

103. ^ Excerpt from the foreword of Power vs. Force, provided by OfSpirit.com [81]

104. ^ How to determine the truth about anything excerpted from Power vs. Force, provided by AIDSRemission.com [82]

105. ^ Empowering the Human Spirit article excerpted from Power vs. Force, provided by InnerSelf.ca [83]


107. ^ Truth vs. Falsehood; Miriam Knight interviews D. Hawkins, »New Connexion«, September 2004 [85]

108. ^ Partial Index of *Transcendencing the Levels of Consciousness* provided by Consciousness Project [86]

109. ^ The Highest Level of Enlightenment, Audio series by David Hawkins et al.; Nightingale-Conant Corporation [87]

110. ^ Truth vs. Falsehood, Audio series by David Hawkins et al.; Nightingale-Conant Corporation [88]

111. ^ Pringle, Kevin (February 16, 2006), Audio on Hawkins' teaching, ACIM Talk at Miracles Center [89]

- **Veritas Publishing** D. Hawkins' publishing company
- **davidhawkins.info** Biographic overview on D. Hawkins, provided by Veritas Publishing
- **ConsciousnessProject.org** Not-for-profit “Resource for spiritual Aspirants and Students of Dr. David R. Hawkins Work“ including discussion board
- **Level of consciousness** Information resource including discussion board focussing on Hawkins' teachings
- **Dr. David R. Hawkins** Miracles Center

- Beyond the Ordinary Webradio program **Series of audio interviews with David R. Hawkins** 2001 - Jan 2006
- **Audio interview with D. Hawkins** hosted by life coach Mary Allen, September 21, 2004
- Webradio program »Strategies for Living«, hosted by David McMillian *Truth Versus Falsehood* July 22, 2005 and *Transcending The Levels of Consciousness* June 22, 2006

- **Dr. Doctor David Hawkins's AK Quakery Robert Todd Carroll** on Hawkins' methodology.
  - Hawkins' response to Carroll's criticism: [90]
- Biography and Detailed References on David Hawkins from the New England Institute of Religious Research
- *Dowsing for God* by editor Andrew Paterson of *EnergyGrid Alternative Media*
- *David R. Hawkins* by Shawn Nevins, *SpiritualTeachers.org*
- *More on Dr David Hawkins* by Sarlo, editor of *Sarlo’s Guru Rating Service*
- *WHY YOU ARE NOT SEEING THE MAP OF CONSCIOUSNESS, ETC., HERE* by Marilyn Gang of *Dowsers.info*